

**COMMISSION ON AGING AND DISABLED
REGULAR MEETING
NOVEMBER 4, 2015**

MEMBERS PRESENT

Stein Ramstad
Maureen Lynch
Karen Brecher
Greg Stelmak
Patricia Hanbury
Margaret Antinerella
Jerilyn Nagel (arrived at 6:03 PM)
Therese Nadeau

STAFF

Teri Snyder
Gail Whitney

ALSO PRESENT

David Nagel

I. CALL TO ORDER

Maureen Lynch called the meeting to order at 6:00 PM.

II. PLEDGE OF ALLEGIANCE

III. PUBLIC PARTICIPATION

The Commissioners congratulated David Nagel on his reelection to the Town Council. Maureen Lynch introduced new Commissioner Therese Nadeau.

IV. APPROVAL OF MINUTES

MOTION: Karen Brecher made a motion to accept the minutes October 7, 2015, Margaret Antinerella seconded the motion, all were in favor, and the motion to accept the minutes was passed unanimously with a 4-0 vote, with Stein Ramstad and Therese Nadeau abstaining as they were not present at the October meeting.

V. STAFF REPORT

Teri Snyder reported on October programs: October 6th Meet the Artists reception; October 16th LGBT Movable Senior Center with 30 attendees; October 14th Aging Mastery Program – a future topic will be American Sign Language – this program received a \$3,000 grant; October 2nd and 20th Connecticut Center Health Agency provided flu shots. Dianne attended a workshop in Sturbridge along with the Avon and Simsbury Senior Centers. There was a guest speaker on the WTIC Home In Connecticut Show who spoke about the LGBT Movable Senior Center.

As of August 31st, there are 1804 paid members of the Senior Center, 896 residents using Dial-A-Ride, 166 members using the Fitness Center. There were 200+ opportunities to participate in a program at the Senior Center, with 3,593 people participating.

Upcoming programs include: Friday, November 6th the Annual Expo will be held with screenings such as blood pressure, glucose, stroke, etc. taking place. There are eight gold level sponsors and 15 silver level sponsors. On November 12th a program on Grief During the Holidays will be held sponsored by Masonic Care; a TED talk on November 17th; a hands-on garden workshop with Rosemary Aldridge; Fall Prevention Awareness on November 20th; Live Well series begins on November 9th through December 7th; Diabetes Self-Management; Manicures sponsored by Newington Rapid Recovery Rehab Center.

A. Door Counters

The Door Counters are still not working properly, and the WiFi is almost complete and should be up and running soon.

Teri read a memo from Dianne regarding the purchase of new tables for the Senior Center.

MOTION: Karen Brecher made a motion to allocate funds in order to purchase new tables for the Senior Center, Therese Nadeau seconded the motion, all were in favor, and the motion to purchase the new tables was unanimously approved with a 7-0 vote.

VI. MONTHLY TOWN MANAGER'S REPORT

The Town Manager's report was distributed to the Commissioners.

VII. CLUB UPDATES

There was no report.

VIII. OLD BUSINESS

A. Self-Assessment

Teri reported that Dianne is working on the final draft.

B. Transportation

Teri reported that Dial-A-Ride is very busy. Members of the Senior Center went on a CT Fastrak ride today to Hartford and watched a hockey game; there were eight members on this trip including three deaf seniors, and staff members. Karen asked how many Dial-A-Ride buses there are; Teri responded that there are five buses, however only three are used on a consistent basis.

IX. NEW BUSINESS

There was no New Business.

X. AGENDA FOR DECEMBER MEETING

There were no changes.

XI. PUBLIC PARTICIPATION

There was no Public Participation.

XII. ADJOURNMENT

MOTION: Jerilyn Nagel made a motion to adjourn, Greg Stelmak seconded the motion, all were in favor, and the motion was unanimously passed with a 7-0 vote at 6:17 P.M.

The next meeting of the Commission on Aging and Disabled is Wednesday, December 2, 2015 at 6:00 PM.

Respectfully Submitted,

Gail Whitney, Commission Clerk